Easy Now

Ten minutes a day.
A friend for life.

Potty and sleep tracker

Print one page per day. A few days of notes will show you your puppy's pattern.

Day: _____ **Date:** _____

Time	Pee outside	Poop outside	Accident inside	Nap start	Nap end	Notes

Go out on a schedule: when your puppy wakes up, after eating, drinking, playing or chewing, and roughly every 1 to 2 hours while awake.

Today's 10 minutes of training: _____

One thing that went well: _____

Every tip is reviewed by a real professional dog trainer. Positive reinforcement only. Not veterinary advice.

Free: First 7 Days With Your Puppy, a day-by-day plan for your first week home.
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